Client Intake Form – Therapeutic Massage

Personal Information:

Name	Phone (Day)	Phone (Eve)
Address		
City/State/Zip		
email	Date of Birth	Occupation
Emergency Contact		Phone
-	will be used to help plan safe and effonts to the best of your knowledge.	ective massage sessions.
Date of Initial Visit		
1. Have you had a professio	nal massage before? Yes No	
If yes, how often do	you receive massage therapy?	
2. Do you have any difficulty	y lying on your front, back, or side? Yes	No
If yes, please explain	n	
	s to oils, lotions, or ointments? Yes N	lo
4. Do you have sensitive skin	n? Yes No	
5. Are you wearing contact	lenses () dentures () a hearing aid () ?	
,	at a workstation, computer, or driving?	Yes No
	titive movement in your work, sports, or ho	
If yes, how do you t	in your work, family, or other aspect of you hink it has affected your health? anxiety () insomnia () irritability () o	
	of the body where you are experiencing t	
or other discomfort? Yes	No	
If yes, please identif	у	
10. Do you have any particu	ular goals in mind for this massage session?	? Yes No
If yes, please explain	n	
Circle any specific areas you	u would like the	
massage therapist to conce	entrate on	$\langle \lambda \rangle \langle \lambda $
during the session:		
Continued on page 2		LS W W

Medical History

In order to plan a massage session that is safe and effective, I need some general information about your medical history.

11. Are you currently under medical super	rvision? Yes No
12. Do you see a chiropractor? Yes	No If yes, how often?
13. Are you currently taking any medicat	,
If yes, please list	
14. Please check any condition listed bel	
() contagious skin condition	
() open sores or wounds	() phlebitis
	() deep vein thrombosis/blood clots
() easy bruising	() joint disorder/rheumatoid arthritis/osteoarthritis/tendonitis
() recent accident or injury	() osteoporosis
() recent fracture	() epilepsy
() recent surgery	() headaches/migraines
() artificial joint	() cancer
() sprains/strains	() diabetes
() current fever	() decreased sensation
() swollen glands	() back/neck problems
() allergies/sensitivity	() Fibromyalgia
() heart condition	() TMJ
() high or low blood pressure	() carpal tunnel syndrome
() circulatory disorder	() tennis elbow
() varicose veins	() pregnancy If yes, how many months?
() atherosclerosis	, , ,
. ,	ve marked above
, , ,	
15 le thora anything also about your bod	the history that you think would be useful for your page and practitioner to
	th history that you think would be useful for your massage practitioner to ussage session for you?
know to plan a safe and effective mo	issage session for your
Desired the second of the second	
	only the area being worked on will be uncovered.
_	ompanied by a parent or legal guardian during the entire session.
Informed written consent must be provide	ed by parent or legal guardian for any client under the age of 17.
	(print name) understand that the massage I receive is provided
for the basic purpose of relaxation and re	lief of muscular tension. If I experience any pain or discomfort during this
session, I will immediately inform the there	pist so that the pressure and/or strokes may be adjusted to my level of
comfort. I further understand that massage	e should not be construed as a substitute for medical examination,
diagnosis, or treatment and that I should	see a physician, chiropractor or other qualified medical specialist for any
mental or physical ailment that I am awa	re of. I understand that massage therapists are not qualified to perform
spinal or skeletal adjustments, diagnose,	prescribe, or treat any physical or mental illness, and that nothing said in
the course of the session given should be	construed as such. Because massage should not be performed under
•	have stated all my known medical conditions, and answered all
	erapist updated as to any changes in my medical profile and
	on the therapist's part should I fail to do so.
Shashana mar mere shall be no liability	
Signature of client	Date
Signature of Massage Therapist	Date